

SAN DIEGO YOUTH FOOTBALL AND CHEER CONFERENCE, INC.

PHYSICAL EXAMINATION FORM

ORIGINAL AND TWO COPIES ARE REQUIRED TO COMPLETE YOUR REGISTRATION

Physical must be dated after January 1st of the current season

ASSOCIATION NAME: _____ DIVISION: F MM JPW PW JM MID UNL
(PRINT) (CIRCLE ONE)

Athlete's Name _____ Birthdate _____ Phone _____
Last First MI

Address _____ Family _____ Dr.'s _____
Dr. _____ Phone _____

The above named athlete has my permission to participate in San Diego Youth Football and Cheer Conference, Inc. activities and has permission to travel with a representative of San Diego Youth Football and Cheer Conference, Inc. and the local Association on any trips. In case of injury a San Diego Youth Football and Cheer Conference, Inc. representative is authorized to have him/her treated and/or hospitalized by any one of the doctors cooperating with San Diego Youth Football and Cheer Conference, Inc., and will not hold San Diego Youth Football and Cheer Conference, Inc., the local Association or its representatives responsible for payment as the result of any accident or injury.

Medical History (to be completed by parent/guardian)

R or L Handed _____ Allergies to medications _____

Has athlete had the following:

- | | | |
|--|------------------------------|-----------------------------|
| 1. Injuries to head, neck, bones or joints | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 2. Any other injuries requiring medical attention | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 3. Seizures, blackouts or any episode of unconsciousness | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 4. Heart trouble, heart murmur, high blood pressure | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 5. Any serious infectious disease | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 6. Hospitalization or operations in the past | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 7. Stomach, intestinal, or urinary tract problems | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 8. Is athlete under care of a doctor now | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 9. Is athlete taking any medication on a regular basis | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| 10. Any dental problems | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Explain "Yes" Answers

Parent or Legal Guardian Signature _____ Date _____

Physical Examination (to be completed by physician)

DATE OF PHYSICAL: _____ HEAD: _____
HEIGHT: _____ NECK: _____
WEIGHT: _____ HEART: _____
BLOOD PRESSURE: _____ LUNGS: _____
PULSE: _____ CHEST (INCLUDING BREASTS): _____
GENERAL APPEARANCE: _____ ABDOMEN: _____
DERM: _____ GENITALIA: _____
BACK & EXTREMITIES: _____
NEUROLOGICAL: _____

From the above information and the screening physical exam, in my opinion the above mentioned Athlete is physically able to participate in San Diego Youth Football and Cheer Conference, Inc. activities.

YES NO

Is further consultation necessary? Yes No Specialty _____

Physician's Signature _____ M.D. Date _____ Phone _____

Dr. Office Seal Or Stamp Here.
If "NONE" Then Attach The
Doctor's Business Card Here
(Required).